








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>ATLAS SENIOR LIVING JULY</p>	<p>1</p> <p>9:15 Exercise (c) 9:45 Walk about outside 10:00 Check your steps (AR) 11:00 BINGO (C) With Whitney 2:00 RESIDENTS COUNCIL 6:30 Puzzle time (FLR)</p> <p>Canada Day</p>	<p>2</p> <p>9:15 Exercise (c) 9:45 Walk about outside 10:15 1-1 VET Visits with Fred 1:30 Patriotic sing a long with Sandra in Atrium 3:00 Bible Study with Bryan in Activity Room 4:30 News Bunch (LR) 6:00 Front Porch Time</p>	<p>3</p> <p>9:15 Exercise (c) 9:45 Walk about outside 10:30 LUNCH BUNCH - AUNT SUES 1-3 (1-1) visits with Fuge Camp 1:30 BINGO DR 2:30~3:45 (SHBC) Big Band & Bible study (LR) 4:30 News Bunch (LR) 6:00 Front Porch Time</p>	<p><i>Happy 4th of July!</i></p> <p>4</p> <p>9:00 YOGA (AR) 9:45 Walking inside today 10:00 Encouraging words with TOM in Atrium 4:00 Chat with Fred (A) 9pm Fireworks show in front parking lot Independence Day (US)</p>	<p>5</p> <p>9:15 Exercise (c) 9:45 Walk about outside 1:00 (1-1) visits with Fuge Camp 3:30 BINGO (C) With Jessica 4:30 News Bunch (LR) 6:30 Puzzle time (FLR)</p>	<p>6</p> <p>10:00 Walking Club 1:30 BINGO (C) 2:30 Devotions with Justin 3:45 Take a sip! (Hydration) 4:00 Old Country Church Scripture & Singing (A) 6:00 News Bunch (LR)</p>
<p>7</p> <p>9:00 Prayer & Encouraging words in front living room 10:00 Walking Club 2:00 Games in Coffee Shop 3:45 Take a sip! (Hydration) 4:00 Old Country Church (A) 6:30 Bible Study on your own</p>	<p>8</p> <p>9:15 Exercise (c) 9:45 Walk about outside 10:00 Check your steps (AR) 11:00 BINGO (C) 1:00 Wal-mart Trip 2:00 Games in Coffee Shop 4:30 News Bunch (LR) 6:30 Puzzle time (FLR)</p>	<p>9</p> <p>9:15 Exercise (c) 9:45 Walk about outside 10:15 1-1 VET Visits with Fred 1:30 Game time with Fuge Camp (C) 3:00 Bible Study with Bryan in Activity Room 4:30 News Bunch (LR) 6:00 Front Porch Time</p>	<p>10</p> <p>9:15 Exercise (c) 9:45 Walk about outside 1-3 (1-1) visits with Fuge Camp 1:30 BINGO DR 2:30~3:45 (SHBC) Big Band & Bible study (LR) 4:30 News Bunch (LR) 6:00 Front Porch Time</p>	<p>11</p> <p>9:00 Exercise (C) 9:45 Walking inside today 10:00 Encouraging words with TOM in Atrium 1-3 (1-1) visits with Fuge Camp 1:00 PRETTYNAIL        4:00 Chat with Fred (A) 4:30 News Bunch (LR) 6:30 Card Game in (DR)</p>	<p>12</p> <p>9:15 Exercise (c) 9:45 Walk about outside 11:00 BINGO (C) With Stephanie & Amanda 1:00 (1-1) visits with Fuge Camp 2:30 TRIVIA WITH JESSICA (A) 6-8 Family Night </p>	<p>13</p> <p>10:00 Walking Club 1:30 BINGO (C) 3:45 Take a sip! (Hydration) 4:00 Old Country Church Scripture & Singing (A) 6:00 News Bunch (LR)</p>
<p>14</p> <p>9:00 Prayer & Encouraging words in front living room 10:00 Walking Club 2:00 Games in Coffee Shop 3:45 Take a sip! (Hydration) 4:00 Old Country Church (A) 6:30 Bible Study on your own</p>	<p>15</p> <p>9:45 Walking inside today 10:00 Check your steps (AR) 11:00 BINGO (C) 4:30 News Bunch (LR) 6:30 Puzzle time (FLR)</p>	<p>16</p> <p>9:45 Walking inside today 10:15 1-1 VET Visits with Fred 1:30 Craft Time with Fuge Camp (AR) 3:00 Bible Study with Bryan in Activity Room 4:30 News Bunch (LR) 6:00 Front Porch Time</p>	<p>17</p> <p>9:45 Walking inside today 1-3 (1-1) visits with Fuge Camp 1:30 BINGO DR 2:30~3:45 (SHBC) Big Band & Bible study (LR) 4:30 News Bunch (LR) 6:00 Front Porch Time</p>	<p>18</p> <p>9:45 Walking inside today 10:00 Encouraging words with TOM in Atrium 1-3 (1-1) visits with Fuge Camp 1:00 PRETTYNAIL        4:00 Chat with Fred (A) 4:30 News Bunch (LR) 6:30 Card Game in (DR)</p>	<p>19</p> <p>9:45 Walking inside today 11:00 BINGO (C) With Stephanie & Amanda 1:00 (1-1) visits with Fuge Camp 2~3 BINGO (C) 4:30 News Bunch (LR) 6:30 Puzzle time (FLR)</p>	<p>20</p> <p>10:00 Walking Club 1:30 BINGO (C) 2:30 Devotions with Justin 3:45 Take a sip! (Hydration) 4:00 Old Country Church Scripture & Singing (A) 6:00 News Bunch (LR)</p>
<p>21</p> <p>9:00 Prayer & Encouraging words in front living room 10:00 Walking Club 2:00 Games in Coffee Shop 3:45 Take a sip! (Hydration) 4:00 Old Country Church (A) 6:30 Bible Study on your own</p>	<p>22</p> <p>9:15 Devotions with Dwight (A) 10:00 Check your steps (AR) 3:30 Tales of History (C) 4:30 News Bunch (LR) 6:30 Puzzle time (FLR)</p>	<p>23</p> <p>9:15 Exercise (c) 9:45 Walk about outside 10:15 1-1 VET Visits with Fred 1:30 Game time with Fuge Camp (C) 3:00 Bible Study with Bryan in Activity Room 4:30 News Bunch (LR) 6:00 Front Porch Time</p>	<p>24</p> <p>9:15 Exercise (c) 9:45 Walk about outside 10:30 Music with DANA (LR) 1-3 (1-1) visits with Fuge Camp 1:30 BINGO DR 2:30~3:45 (SHBC) Big Band & Bible study (LR) 4:30 News Bunch (LR) 6:00 Front Porch Time</p>	<p>25</p> <p>9:00 YOGA (AR) 9:45 Walking inside today 10:00 Encouraging words with Tom 1-3 (1-1) visits with Fuge Camp 1:00 PRETTYNAIL        3:00 A Travel Legacy (AR) 4:00 Chat with Fred (A) 6:00 Outside Concert Music by The Lake </p>	<p>26</p> <p>9:15 Exercise (c) 9:45 Walk about outside 10:15 Meals on Wheels 11:00 BINGO (C) With Stephanie & Amanda 1:00 (1-1) visits with Fuge Camp 2~3 BINGO (C) 4:30 News Bunch (LR) 6:30 Puzzle time (FLR)</p>	<p>27</p> <p>10:00 Walking Club 1:30 BINGO (C) 3:45 Take a sip! (Hydration) 4:00 Old Country Church Scripture & Singing (A) 6:00 Calvary Chapel in the Atrium.</p>
<p>28</p> <p>9:00 Prayer & Encouraging words in front living room 10:00 Walking Club 2:00 Games in Coffee Shop 3:45 Take a sip! (Hydration) 4:00 Old Country Church (A) 6:30 Bible Study on your own</p>	<p>29</p> <p>9:15 Exercise (c) 9:45 Walk about outside 10:00 Check your steps (AR) 11:00 BINGO (C) 2:00 BINGO STORE IN (AR) 4:30 News Bunch (LR) 6:30 Puzzle time (FLR)</p>	<p>30</p> <p>9:15 Exercise (c) 9:45 Walk about outside 10:00 Walking Club 10:15 1-1 VET Visits with Fred 2:00 Monthly Birthday Party Music with Chuck (DR) 3:00 Bible Study with Bryan 4:30 News Bunch (LR) 6:00 Front Porch Time</p>	<p>31</p> <p>9:15 Exercise (c) 9:45 Walk about outside 1-3 (1-1) visits with Fuge Camp 2:30~3:45 (SHBC) Big Band & Bible study (LR) 4:30 News Bunch (LR) 6:00 Front Porch Time</p>	<p>Spring Park Assisted Living</p> <p><i>CALENDAR ABBREVIATION:</i> AR ~ ACTIVITY ROOM A ~ ATRIUM C ~ COFFEE SHOP DR ~ DINNING ROOM FLR ~ FRONT LIVING ROOM L ~ LIBRARY LR ~ LIVING ROOM SHBC ~ SCENIC HILLS</p>		

Activities are subject to change due to circumstances

Snack times (10am & 2pm) But always available upon request